

HEADS UP TO HEALTHCARE PROVIDERS

CONCUSSION RESOURCES



EDUCATIONAL TOOLS

For Healthcare Providers

- Diagnosis and Management
www.cdc.gov/traumaticbraininjury/pdf/pediatricmtbiguidelineeducationaltools/mTBI-Diagnosis-Checklist-508.pdf
- Provider Letter for Schools
www.cdc.gov/traumaticbraininjury/pdf/pediatricmtbiguidelineeducationaltools/mTBI_ReturntoSchool_FactSheet-Pin.pdf
- Guideline Recommendations
www.cdc.gov/traumaticbraininjury/PediatricmTBIGuideline.html
 - » Diagnosis
www.cdc.gov/traumaticbraininjury/pdf/pediatricmtbiguidelineeducationaltools/2018-mTBI_AtAGlance_Diagnosis-508.pdf
 - » Prognosis
www.cdc.gov/traumaticbraininjury/pdf/pediatricmtbiguidelineeducationaltools/2018-mTBI_AtAGlance_Prognosis-508.pdf
 - » Treatment and Management
www.cdc.gov/traumaticbraininjury/pdf/pediatricmtbiguidelineeducationaltools/2018-mTBI_AtAGlance_Treatment-508.pdf

For Patients

- Caring for Your Child's Concussion (Discharge Instructions)
www.cdc.gov/traumaticbraininjury/pdf/pediatricmtbiguidelineeducationaltools/2018-CDC_mTBI_Discharge-Instructions-508.pdf
- How Can I Help My Child Recover After a Concussion?
www.cdc.gov/traumaticbraininjury/pdf/pediatricmtbiguidelineeducationaltools/2018-mTBI_Recovery-508.pdf
- Prevention Tips
www.cdc.gov/headsup/basics/concussion_prevention.html



DIAGNOSTIC TOOLS

- mTBI Signs and Symptoms
www.cdc.gov/traumaticbraininjury/concussion/symptoms.html
- Symptom Assessment: Screening Tools
www.cdc.gov/headsup/providers/tools.html
- Imaging: PECARN Decision Tool (for CT Scan)
www.sciencedirect.com/science/article/abs/pii/S0140673609615580?via%3Dihub

MANAGEMENT PLANS

- Return to Activity (Non-sports)
www.cdc.gov/headsup/basics/concussion_recovery.html
- Return to School
www.cdc.gov/headsup/basics/return_to_school.html
- Return to Play or Sports
www.cdc.gov/headsup/basics/return_to_sports.html

CHRONIC TRAUMATIC ENCEPHALOPATHY (CTE)

- Information for Healthcare Providers
www.cdc.gov/traumaticbraininjury/pdf/CDC-CTE-ProvidersFactSheet-508.pdf
- Answering Questions About CTE
www.cdc.gov/traumaticbraininjury/pdf/CDC-CTE-FactSheet-508.pdf

GET INVOLVED, GET CONNECTED

- HEADS UP Partner Resources
www.cdc.gov/headsup/partners/resources.html
- HEADS UP Materials
www.cdc.gov/headsup/resources/index.html

For Coaches

- Youth Sports
www.cdc.gov/headsup/youthsports/coach.html
- High School
www.cdc.gov/headsup/highschoolsports/athletes.html

For Parents

- www.cdc.gov/headsup/parents/index.html

For School Professionals

- www.cdc.gov/headsup/schools/index.html

For Athletes

- Youth Sports
www.cdc.gov/headsup/youthsports/athletes.html
- High School
www.cdc.gov/headsup/highschoolsports/athletes.html

Connect with HEADS UP

- Questions About the Training
injuryprevention@cdc.gov
- Questions About the CDC HEADS UP Campaign
injuryprevention@cdc.gov
- Questions About mTBI or the Guideline
wwwn.cdc.gov/dcs/ContactUs/Form

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